

# 2009 HSLs Youth Development Camp

The Youth Development Camp is aimed at youth members who demonstrate leadership potential and have an interest in improving their surf club.

Following the camp format set out by SLSNSW, the 2009 HSLs Youth Development Camp is all about having fun!



On Saturday we will be heading to Port Stephens to board Moonshadow IV in search of buried treasure.

Once on board you will receive your individual 'messages in a bottle' that will detail your role in the afternoon... are you a Buccaneer, Pirate, Bounty Hunter or a Mutineer? Teams will then work together in order to gain keys and the chance to open the hidden treasure chest, but first you need to plan your strategies and design and make your team flag.

When reaching Treasure Island you will be transferred ashore and assigned tasks. Each task will offer opportunities to gain or lose keys! Only one key opens the buried treasure.

When the challenge has been met and tasks have been completed you will then have to find the hidden treasure and get this treasure back to the Mothership. Once safely on board we will find out who has the ultimate key that will uncover the treasure.

On Sunday we will head to Fingal Beach SLSC where we complete a Rookie Challenge! This will allow participants to put what they have learnt in their Surf Rescue Certificate (SRC) into practice. Events will include:

- Trivia
- Signals
- Beach Relay
- Tube/ Board Rescue Relay
- Lifesaver Relay
- Body Board Relay

Rookies that will not be attending the camp, can meet us at Fingal Beach SLSC and participate in the Rookie Challenge.

Rookies are required to wear full patrol uniform. For further details please see Rookie Challenge Flyer.

<b>Dates:</b>	Saturday 7 March 2009 & Sunday 8 March 2009
<b>Eligibility:</b>	Two U/14 members per club (one male and one female) Two U15 members per club (one male and one female)
<b>Costs:</b>	\$100.00 (includes t-shirt, Pirates on Port Stephens Cruise, accommodation, catering and personal goal setting diary)
<b>How to apply?</b>	Complete the attached application form and return to: ✉ HSLs, Youth Development Camp, PO Box 44, Carrington NSW 2294 F: 02 4961 4436 ✉ <a href="mailto:kpreston@surflifesaving.com.au">kpreston@surflifesaving.com.au</a>
<b>Application closing date:</b>	Monday 16 February 2009
<b>Further details:</b>	Kate Preston – Support Officer ☎ 02 4961 4533 ✉ <a href="mailto:kpreston@surflifesaving.com.au">kpreston@surflifesaving.com.au</a>
<b>Accommodation:</b>	The Retreat Port Stephens

## What to pack

- Clothing for the Saturday: Camp t-shirt, shorts (i.e. boardshorts, denim, cargo) and comfortable shoes.
- Casual and comfortable evening clothes
- PJs
- Swimmers / togs / cossies / bathers
- Clothing for the Sunday: Rookie Patrol uniform (i.e. patrol shirt, shorts & skull cap)
- Club competition cap
- Warm clothing i.e. jumper & trackies
- Beach towel
- Sunscreen & hat
- Toiletries
- Bath towel

Any misbehaving  
and you will have to  
walk the  
plank..Arrrg!



## Agenda

### Saturday 7 March 2009

- 9.00am Meet at Hunter Surf Lifesaving  
(Unit 1, 6 Revelation Close, Tighes Hill NSW 2297)
- 9.15am Depart HSLs on board Port Stephens Coaches for Nelson Bay
- 10.15am Board Moonshadow IV for team building activity 'Pirates on Port Stephens'
- 10.30am Pirates on Port Stephens
- 1.45pm Arrive at accommodation – settle into accommodation
- 2.15pm Goal Setting session
- 3.15pm Afternoon activity
- 5.30pm Free time & showers
- 6.30pm Dinner
- 7.30pm Evening Activity
- 10.00pm Goodnight – lights out (bedtime)

### Sunday 8 March 2009

- 7.30am Breakfast
- 8.30am Pack up and check out
- 9.00am Depart The Retreat Port Stephens for Fingal Beach SLSC
- 9.30am Rookie Challenge (Rookies who are not involved with the camp can attend the Rookie Challenge)
- 1.00pm BBQ lunch
- 2.00pm Depart Fingal Beach SLSC and return to HSLs
- 3.00pm Arrive at HSLs and meet parents

*(Please note: activities may change slightly due to weather conditions)*

# 2008/09 HSLs Youth Development Camp

## Application Form

Personal Details			
Club			
First name			
Surname			
Address			
	Suburb:	Postcode:	
Contact Number	Home:	Mobile:	
Email			
Medicare Number			
Private Health Details			
Any Allergies or Special Meal Details			
Shirt Size <small>Please circle size.</small>	Female:	8-10 (38 cm)	12-14 (40 cm)
	Male:	S (52cm)	M (54cm) L (57cm)
	<small>Measurement is 2.5cm below arm hole, across chest.</small>		
Transport <small>Please circle size.</small>	Do you require transport to Port Stephens?	Yes	No
	Do you require transport back to HSLs Headquarters?	Yes	No

Emergency Contact			
First name			
Surname			
Relation			
Contact Number	Home:	Mobile:	
Address			
	Suburb:	Postcode:	
Email			

**Please give an example of an event or function you would like to run at your club to increase the enjoyment for Youth members:**


\_\_\_\_\_  
Signature of applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

In signing this form I acknowledge that:

- The information in this application is accurate to the best of my knowledge.
- I agree to behave myself and agree that if I misbehave my parent(s)/guardian will be contacted to come and pick me up
- I am keen to participate in the 2008/09 Youth Development Camp.

### Parent / Guardian Consent:

- I agree to my child/ward to participate in the 2009 HSLs Youth Development Camp.
- I acknowledge that my child/ward will be under the care and responsibility of HSLs Supervisors for the duration of the 2009 HSLs Youth Development Camp.
- I acknowledge that although HSLs attempt to minimise any risk of personal injury within practical boundaries, that there is an inherent risk of personal injury to my child/ward whilst undertaking physical activities as part of this program.
- In the case of emergency, I authorise HSLs supervisors, where it is impractical to communicate with me, to arrange for my child/ward to receive medical treatment as may be deemed necessary and take responsibility for any costs incurred.
- I acknowledge that my child/ward name and any photographs taken of my child/ward during the course of this program may be used for marketing and promotional purposes by HSLs.
- I acknowledge that the information contained herein is confidential and, pursuant to the Privacy Act, will only be strictly used by HSLs to effectively care for my child/ward and will not be used or distributed for any other purpose.
- I hereby declare that I have read, understand and agree with the documentation attached and declare that to the best of my knowledge the information provided on this form is true and accurate.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Privacy Act Information

By submitting this form you are:

1. Consenting to Hunter Surf Life Saving using these details for the purpose of administration.
2. Acknowledging your right to access, and if necessary correct this information in accordance with the Privacy Act, and subsequent amendments.

### Club Endorsement

Club	
Name	
Position	
Signature	
Date	

Return completed application and consent forms to:

Kate Preston, SLNSW Support Officer

F: 02 4961 4436

☒ HSLs PO Box 44, Carrington NSW 2294

☒ [kpreston@surflifesaving.com.au](mailto:kpreston@surflifesaving.com.au)

By: Monday 16 February 2009